

A Place to Nurture the Self

Face Body Spirit



Therapeutic Massage & Customized Skincare

875 Islington Street, Portsmouth, NH (603) 436-0900 info@facebodyspirit.net www.facebodyspirit.net

Celebrate Love
with a Special Experience
for Yourself or a Friend!



February
Skincare & Massage
Specials from
Face Body Spirit

For an Appointment or Gift Certificate
Call (603) 436-0900 Or go online at www.facebodyspirit.net

Indulge Yourself with the Two Special Treatments!

Enjoy a complimentary Cocoa Noir Papaya Enzyme Treatment

with all facials scheduled
during February (\$15 value).
This decadent treatment is formulated
with dark cocoa, rich in antioxidants,
and high in natural fatty acids
to nourish and soften the skin.
Papaya enzymes lightly exfoliate,
while honey moisturizes.

Or enjoy a free Chocolate Cherry Back Exfoliating Treatment

with a 90-minute facial or massage.
This treatment is infused with a chocolate cake oil
that will combat winter dryness
while sweetening your senses and skin.



Give Yourself or Someone Special a Warm Aromatherapy Massage with the Massage Flame Candle!

This candle is made of massage oil and
therapeutically infused with
essential oils and luxurious emollients.
Light the scented candle and
as it melts use the warm oil for a massage.
It will leave the skin silky smooth
and delightfully scented.

Purchase the Candle for Home or a Friend
\$12 (normally \$16),

Combine it with a 1-Hour Massage,
Or add it to your Gift Certificate purchase.

More Ways to Indulge Yourself...

Allow a new brighter you to shine through for 2012!
Purchase our Face Body Spirit Body Oil
to prevent winter dry skin...
New blends available!



**Promote health, wellness,
detoxification, and self-care...**

Experience a 60-minute Thai Herbal Ball Massage

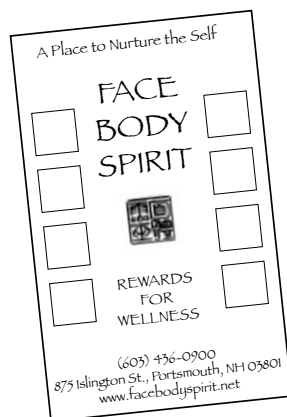
a centuries-old technique using warm
“herbal” or “coconut” compresses to
soothe your aches and pains and
induce deep relaxation.

\$70 in February
(a \$15 savings)

What's New!

Facial Acupuncture Renewal
Click here for more information!

Face Body Spirit T-Shirts
To order, call or email us.



Take
advantage
of our new
Rewards
Program!

Every time you purchase a massage, facial, or waxing,
your Rewards Card will be stamped
and when you fill your card
your next service of like value will be on us!

Additional Specials and Packages!

Detoxifying Foot Soaks

Enhance your visit to Face Body Spirit with a relaxing, nourishing, and detoxifying Foot Soak! A 20-minute Foot Soak can be just the boost you need to get your systems flowing. Add it to your massage, reflexology or facial session. Or just come in for some quiet time and enjoy a cup of herbal tea with your Foot Soak. Start with a blissful mix of organic essential oils and medicinal herbs and end with a gentle towel dry and your choice of herbal foot balm made by Absolute Herbs.

30 Min.-\$25 (Added to another service: \$20)

Massage and Skincare Packages

For that special day, congratulations, or birthday surprise, we'll create a custom package (any combination of services for the Face, Body, or Spirit) in the form of a gift certificate...all wrapped up with a bow! Package possibilities include:

The Combo

Enjoy 1 hour of Face + 1 hour of Body = 2 hours of Spirit in the same visit!

\$145

Bridal Beauty & Relaxation

Soothing 1-hour massage, 50-minute facial, and pre-wedding-day makeup consultation for the bride-to-be.

\$235

The Outdoorsman

Restore what the elements take away with 1 hour of nourishing skin and hand care, plus a 1-hour massage!

\$145

Nurturing the Mother

Indulge in a 1-hour massage for expectant moms as well as a 1-hour facial to nurture hormonal skin.

\$145

Teen TLC

Teach your teen to properly care for his or her skin with a 50-minute facial and de-stress with a 50-minute massage!

\$135

Bridal Packages

(See next page)

Bridal Packages

After years of successfully working with brides, I have found this approach to produce amazing results in preparing the bride in looking and feeling her absolute best on her special day.

– Jenny Harrison

Bridal Make-up Pkg. A: \$355

Includes:

* 60 minute pre-wedding consultation & make-up application (includes brow shaping if necessary):

A private time to share wedding details and ideas, color match bride's skin, determine colors, and a "look" to complement bride's vision.

* 15 minute follow-up appointment:

Review prior application, make any adjustments if necessary.

* 30 minute Facial:

Prepare surface of the skin for an ideal canvas. A skin treatment customized for bride's skin type/condition.

* 60 minute massage:

To assist the bride to stay relaxed.

* Brow Shaping:

Scheduled approx. one week prior to wedding date.

* Bridal Make-up Application:

Prepare the bride for her special day in a calm and professional manner.

Bridal Make-up Pkg. B: \$290

Includes

* 60 minute pre-wedding consultation & make-up application (includes brow shaping if necessary):

A private time to share wedding details and ideas, color match bride's skin, determine colors, and a "look" to complement bride's vision.

* 15 minute follow-up appointment:

Review prior application, make any adjustments if necessary.

* 30 minute Facial:

Prepare surface of the skin for an ideal canvas. A skin treatment customized for bride's skin type/condition.

* Brow Shaping:

Scheduled approx. one week prior to wedding date.

* Bridal Make-up Application:

Prepare the bride for her special day in a calm and professional manner.

Bridal Make-up Pkg. C: \$ 215

Includes

* 60 minute pre-wedding consultation & make-up application (includes brow shaping if necessary):

A private time to share wedding details and ideas, color match bride's skin, determine colors, and a "look" to complement bride's vision.

* 15 minute follow-up appointment:

Review prior application, make any adjustments if necessary.

* 30 minute Facial:

Prepare surface of the skin for an ideal canvas. A skin treatment customized for bride's skin type/condition.

* Bridal Make-up Application:

Prepare the bride for her special day in a calm and professional manner.

Add ons~

* Onsite make-up available with an additional travel fee

* Each additional make-up application \$35 - wonderful gift for those in party