

# Face Body Spirit

A Place to Nurture the Self



Therapeutic Massage & Customized Skincare  
875 Islington Street, Portsmouth, NH (603) 436-0900

With your personal needs and goals in mind, we choose and present the very best services and products, allowing you to relax and truly enjoy your treatment.

To ensure your ease, you will experience your renewal in peaceful and private surroundings.

## Our Products

Jane Iredale

Pevonia

Essensa

Clarisonic

MD Correctives

Bio Freeze