

A Place to Nurture the Self

Face Body Spirit



Therapeutic Massage & Customized Skincare

875 Islington Street, Portsmouth, NH (603) 436-0900 info@facebodyspirit.net www.facebodyspirit.net

For This Month's Specials...

[Click Here](#) or go to:

www.facebodyspirit.net/specials.pdf

To Make an Appointment..

Call (603) 436-0900 or go to:

www.facebodyspirit.net/appointments.html

Massage and Skincare Packages

For that special day, congratulations, or birthday surprise, we'll create a custom package (any combination of services for the Face, Body, or Spirit) in the form of a gift certificate...all wrapped up with a bow!
Package possibilities include:

The Combo

Enjoy 1 hour of Face + 1 hour of Body = 2 hours of Spirit in the same visit!

\$145

Bridal Beauty & Relaxation

Soothing 1-hour massage, 50-minute facial, and pre-wedding-day makeup consultation for the bride-to-be.

\$235

The Outdoorsman

Restore what the elements take away with 1 hour of nourishing skin and hand care, plus a 1-hour massage!

\$145

Nurturing the Mother

Indulge in a 1-hour massage for expectant moms as well as a 1-hour facial to nurture hormonal skin.

\$145

Teen TLC

Teach your teen to properly care for his or her skin with a 50-minute facial and de-stress with a 50-minute massage!

\$135

Bridal Packages

After years of successfully working with brides, I have found this approach to produce amazing results in preparing the bride in looking and feeling her absolute best on her special day.

–Jenny Harrison

Bridal Make-up Pkg. A: \$355

Includes:

* 60 minute pre-wedding consultation & make-up application (includes brow shaping if necessary):

A private time to share wedding details and ideas, color match bride's skin, determine colors, and a "look" to complement bride's vision.

* 15 minute follow-up appointment:

Review prior application, make any adjustments if necessary.

* 30 minute Facial:

Prepare surface of the skin for an ideal canvas. A skin treatment customized for bride's skin type/condition.

* 60 minute massage:

To assist the bride to stay relaxed.

* Brow Shaping:

Scheduled approx. one week prior to wedding date.

* Bridal Make-up Application:

Prepare the bride for her special day in a calm and professional manner.

Bridal Make-up Pkg. B: \$290

Includes

* 60 minute pre-wedding consultation & make-up application (includes brow shaping if necessary):

A private time to share wedding details and ideas, color match bride's skin, determine colors, and a "look" to complement bride's vision.

* 15 minute follow-up appointment:

Review prior application, make any adjustments if necessary.

* 30 minute Facial:

Prepare surface of the skin for an ideal canvas. A skin treatment customized for bride's skin type/condition.

* Brow Shaping:

Scheduled approx. one week prior to wedding date.

* Bridal Make-up Application:

Prepare the bride for her special day in a calm and professional manner.

Bridal Make-up Pkg. C: \$ 215

Includes

* 60 minute pre-wedding consultation & make-up application (includes brow shaping if necessary):

A private time to share wedding details and ideas, color match bride's skin, determine colors, and a "look" to complement bride's vision.

* 15 minute follow-up appointment:

Review prior application, make any adjustments if necessary.

* 30 minute Facial:

Prepare surface of the skin for an ideal canvas. A skin treatment customized for bride's skin type/condition.

* Bridal Make-up Application:

Prepare the bride for her special day in a calm and professional manner.

Add ons~

* Onsite make-up available with an additional travel fee

* Each additional make-up application \$35 - wonderful gift for those in party