

# Face Body Spirit

A Place to Nurture the Self



Therapeutic Massage & Customized Skincare  
875 Islington Street, Portsmouth, NH (603) 436-0900

---

## Moor Mud Treatments

We now offer Moor Mud Treatments  
to revitalize your skin and soothe your senses.

Face Body Spirit  
T-Shirts Now on Sale!

To order, call or email us.